

PARISH AND SOCIAL AND SUPPORT MINISTRIES

WELCOMING AND HOSPITALITY

Assumption prides itself in being a warm and welcoming parish. As new parishioners join the parish, they are mailed a letter of welcome and a booklet listing the many parish ministries they are invited to join and take part in.

Approximately once a month, "Coffee and . . ." is held in the Community Room following Sunday Masses, giving our parishioners the opportunity to greet and socialize in a informal manner. Each Sunday's "Coffee and . . ." is sponsored by a different parish ministry.



CENTERING PRAYER

The practice of Centering Prayer is a method of silent communion with God, Assumption's Centering Prayer Group has a dedicated room in the Assumption Ministry Center and offers two weekly Centering Prayer sessions. This room is also available at all times to all people of the parish who wish to pray, meditate, or spend some time in the quiet presence of the Lord.

The Centering Prayer groups offers periodic workshops to introduce interested parishioners to the practice of centering prayer.

For more information, contact Jane Bardes at 973-401-0670.



HOLISTIC HEALING

The Holistic Health Ministry was started in 2000 by two volunteer nurses, who were community health nurses. The Ministry started with monthly blood pressure checks after each Mass. The ministry has a dedicated extension on the main office line for any possible medical needs within the parish.

In 2007, we continue to offer blood pressure checks after all five Masses on the last weekend of the month. We generally have ten to 20 people, after most Masses. The Ministry has 12 active nurses in the parish.

Education programs are held on a regular basis. The nurses are available for home visits to assist in any medical issues confronting families of the parish.

Leave a message for our parish nurses, by calling 973-539-2141, extension 17.



NURSING HOME VISITATION

We find and serve Christ in the sick, the aged and the disabled. Priests from Assumption celebrate a weekly Mass at two local Nursing facilities. Assumption's Eucharistic Ministers also visit these nursing homes on an additional day to visit and distribute the Eucharist to residents' rooms. An additional team visits another nursing home twice a month for a Communion service,

Please call Denise Sellin at 973-539-6922, or Pat Manahan at 973-538-5516.

Bereavement Ministry

The loss of someone we love through death is one of the hardest experiences for a human being to go through. Gratefully, we are not merely human beings, because we are also touched by the divine gift of immortality. Bereavement is a vital part of the process of recognizing and accepting the deep consolation of our being created for everlasting union with our God who is love.

Our *Bereavement Support Group Ministry* assists all those who are grieving the loss of someone they loved. Spiritual insights are combined with topics such as 'common grief emotions', and 'getting through the holidays'.

You are invited to call Michele Cameron at 973-769-9634 for information.



BETHANY MINISTRY

Members of Assumption's Bethany Ministry represent the parish community in providing comfort and support to the families whose loved ones have recently died and have scheduled a funeral liturgy at Assumption Church. Bethany Ministers act as liaisons in assisting the family, Celebrant, and Music Minister in planning the funeral by helping to select readings and identify family members who will participate in the funeral liturgy. Bethany Ministers also provide a welcoming presence to family and friends who have gathered for the funeral and serve in various ministerial roles during the funeral liturgy when needed.

For more information on our Bethany Ministry, call Liz Wilkey at 973-267-2141.



MOMS AND TOTS

Moms and Tots is a support group for families with young children. Our members get-together on a weekly basis on Tuesday mornings in the Parish Center. *Moms and Tots* provides an opportunity for moms (and dads too) with infants and toddlers to socialize, meet new friends, and discuss topics of interest (including child-rearing, leaving the work force, school concerns, etc). While the adults socialize, the children are provided with toys and snacks, and learn to interact with one another. Although we are a very casual group, we support our members in times of need with meals and babysitting.

For further information, please contact Henriette Kahn at 973-539-1350.



Youth Ministry

All high school students are encouraged to take part in our Youth Group Activities. Upon confirmation, students are invited to become a “peer” minister. Under the guidance of our Youth Minister, peer ministers meet in the Youth room each week to plan several social and service projects. Peer ministers also attend confirmation classes to join in small group discussions. Listed below are some of the activities the youth of our parish are involved in:

- Breakfast with Santa
- Golden Honor Roll
- Annual Golf Outing
- Annual Mission trip to Appalachia or the Gulf Coast region
- Stations of the Cross on Good Friday evening.

Lisa Cosenza is our Youth Minister and can be reached at 973-267-8519.



YOUNG ADULT MINISTRY

Assumption’s fledgling Young Adult Ministry strives to provide opportunities for participants to gather and socialize in a Christian environment. In order to provide for the spiritual, intellectual and social needs of this very important segment of our community, Assumption has affiliated with other nearby parishes to help support the *Theology on Tap* program. *Theology on Tap* is a program for Catholic Young Adults and their friends, in their 20’s and 30’s, married or single, to meet together at local bars, restaurants, and parish halls to listen to a speaker, share conversation, and gain new insights into God’s place in their daily life.

Contact Fr. Dennis at 973-539-2141 to learn more.



SENIOR CITIZENS

Our *Senior Citizens* gather on the second Thursday of each month after the 12:05 Mass; usually in our Community Room. We enjoy each other's company, share lunch and listen to a speaker or video on topics of interest.

We sponsor days of Recollection at St. Mary's Abbey/Delbarton and Loyola Retreat House. We welcome new members and new ideas for activities. We have no minimum (or maximum) age standard.

Please call Jeanne Hanly at 973-539-4766 for more information.



GOLDEN HONOR ROLL

As a way to thank our senior members who, throughout the years have contributed so much of to the ministerial life of the parish, each year the pastor identifies several senior citizens for enrollment in the ***Assumption Parish Golden Honor Roll***.

Members of Assumption's Youth Ministry then interview the honorees about their involvement with the parish and write a brief summary that is published in the parish bulletin. In conjunction with a Sunday liturgy, the same youth ministry members then make a presentation of a plaque and flowers to the recipient. Their names are also inscribed on a board in the Community Room.

This program fosters inter-generational relationships and help the youth of the parish learn about service and commitment from those who are older. Seniors, in turn, are rightfully recognized and thanked for their many contributions to Assumption.

Please call Liz Wilkey at 973-539-2141, Ext. 10.

OUTREACH MINISTRIES

Assumption Parish is dedicated to helping the poor and needy – whether they are close to home or far away. This commitment is evident in our many ministries and programs designed to help the poor. Besides the specific ministries listed on the following pages, following is a partial listing of our ongoing outreach commitments:

- Each year during Advent we take a special collection for **Holy Trinity Parish** in Passaic (our adoptive “sister” parish) to help offset their operating expenses. Several clothing drives have also been run to help Holy Trinity parishioners.
- Each year we host several fundraisers for **Africa Surgery Inc**, a non-profit charity started by lifelong parishioner, Tom Johnson, who works to provide much-needed medical care and surgery for citizens in Sierra Leone. We have also recently begun to support the work of parishioner Joe Collins and **From Houses to Homes**, which provides housing to Guatemalans in need.
- Each year we send over 50 teens and their leaders on a mission trip to repair and rebuild homes in Appalachia or the Gulf Coast region.
- Assumption parish also has a special relationship with another “sister” parish in Carthage, Mississippi. Each month, we attempt to help offset operating expenses at **St. Ann’s Parish** by making a financial contribution. Donations in the past have helped establish a new day care center and allowed Sr. Pat Godri to make much-needed repairs and improvements to various parish buildings.
- One Sunday per month is designated as **Christian Service Sunday**. Dedicated collection envelopes are placed in the pews and parishioners are encouraged to place \$2 (or more) in the envelope to help the poor. Funds raised help offset Assumption’s many efforts to help the poor and needy in our area.
- In the weeks leading to Thanksgiving, designated “**Turkey**” envelopes are placed in the pews. Parishioners are encouraged to donate \$15 for those in need. The funds collected in these envelopes are used to fund non-perishable food items for approximately 15 food baskets given to local families each Thanksgiving, Christmas and Easter. This collection also funds our year-round food voucher program, in which we are able to give A&P food vouchers to countless local residents who come to us in need of fresh food.
- In August of 1992, our Parish Ministry to the homeless was extended to include a project known as the **Adopt-A-Family Program**. Through this program, our parish assists families that have recently relocated out of the homeless shelter network.
- In recent years, Assumption parishioners have joined with neighboring parishes to provide food and household items in the **Food Drive for Haiti**.
- Assumption also has an **Endowment for the Poor** set aside to help those in need, and overseen by a Board of Directors who decides how and when to distribute the interest from the fund.



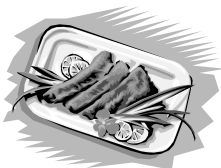
FOOD PANTRY

The Food Pantry at Assumption has a long history in the Morristown community. Assumption has answered the call to feed the hungry for many years. Those who come to us in need are helped by your generosity. The numbers became so great throughout Morristown, that a meeting of the churches was held in 1994. The result was the creation of the Interfaith Food Pantry. Since its inception, the Interfaith Food Pantry has received Assumption's wholehearted support with food and funds. Concerts, fund-raisers, volunteers and food have helped meet the ever-growing needs of our community. The Interfaith Food Pantry has now moved to a donated facility on West Hanover Avenue.

At Thanksgiving our on-premises Food Pantry supplies families in Morristown and Paterson with dinners and food coupons. Funds donated at Thanksgiving are used for coupons, which help us to continue this work throughout the year. At Thanksgiving, Christmas and Easter, volunteers assemble food baskets which are picked up or delivered to families in Morristown. Every weekend Assumption parishioners volunteer to shelve the food that is so generously donated.

Assumption's school and Religious Education program remember our Food Pantry and have drives during the school year to support this work. Just recently donations were received from the Scouts and the Knights of Columbus. As a community, we strongly support our on-premises food pantry and the Interfaith Food Pantry. Through the Food Pantry, some of the dinners that are collected by Bob Rohr, and Assumption Scouts, are distributed to our Morristown families who are grateful for them.

To learn more call Claudia Nardi at 973-539-2141 extension 19.



FROZEN DINNER PROGRAM

Several times throughout the year, parishioners are invited to bring an empty food pan home and return them the following weekend – filled with a nutrition frozen meal for working poor families. We distribute 10% of what is returned to families we know in Morristown. The other food pans are delivered by Assumption's Boy Scouts to the **Father English Center** in Paterson. Most of the recipients are not on welfare because they work 2-3 minimum wage jobs, but high rents and lack of health insurance limit their ability to provide good nutritious meals for their family.

For more information please call Bob Rohr at 973-539-2693.



THE GIVING TREE

Assumption Parish adopts 12 organizations and provides gifts to approximately 1200 needy children and adults at Christmastime. In August, organizations are contacted and asked to supply the names and needs of people within their organization. Tags are distributed at church in mid-November and parishioners buy gifts for their designated person. Gifts are then collected after masses during advent, and organizations receive their presents in mid-December. Volunteers are used after all masses during advent, to collect and check-in gifts, bag gifts for organizations, and buy any gifts which are still needed.

For more information, contact Chris Dario at 973-540-9065.



Homeless Shelters

For more than ten years, volunteers from Assumption Church and other local congregations have been participating with the *Interfaith Council for Homeless Families of Morris County (ICHF)* in operating a network of emergency shelters for homeless families.

Each year, on four occasions, Assumption parish volunteers assist in hosting a week-long emergency shelter at the Church of the Redeemer in Morristown, along with volunteers from the Unitarian Fellowship and the Church of the Redeemer. As a result of this program over the past ten years, 254 homeless families have received shelter, and 40,000 shelter beds have been provided to 729 homeless family members, more than half of which were children.

Learn more by calling Terri Maier at 973-267-4859.



THE COMMUNITY SOUP KITCHEN

The *Community Soup Kitchen* of Morristown, Inc., is a concerted effort on the part of 34 congregations throughout Morris County to follow one of the mandates of the Lord, and that is to “Feed the Hungry”. Volunteers from Assumption contribute toward that end by providing and serving complete meals for 80 to 160 hungry men, women and children who appear at the Church of the Redeemer daily at noontime for a hearty meal. By Our volunteers staff the Soup Kitchen on the 3rd and 4th Mondays of each month.

Please call Annaliese Rush at 973 455-0391 for more information.



KNIGHTS OF COLUMBUS

The Knights of Columbus is a fraternity of Catholic men, founded on the principles of Charity, Unity, Fraternity and Patriotism. It is a wonderful opportunity to meet and become involved with individuals who are dedicated to the same Catholic ideals as you are. Our activities are centered around support of the Church, Family, Youth, Community and our Council. We are especially attentive to the struggles of the poor, providing food and clothing. We support these endeavors through a number of events we sponsor and through financial contributions. We also maintain a life insurance program. If you would like to grow in your faith, meet like-minded Catholic men and their families and give something back to society, give us a call. All we ask of each member is that he contribute at least five hours a year.

For more information, please call Joel Monod at 973-984-5292.



CYO BASKETBALL

C.Y.O. (Catholic Youth Organization) Basketball addresses the essential aspect of exercising not only our Spiritual side, but also our physical bodies. CYO Basketball consists of boys and girls in grades 5 through 8. There are approximately 110 children in the program, forming nine teams, four Junior Varsity and five Varsity. This organization is open to all children of Assumption parish, and also to the neighboring parishes that don't have C.Y.O. Basketball. Our ministry has 36 volunteers which include coaches, score keepers, time keepers, and team mothers. Registration is at the end of September. The season opener is Thanksgiving weekend and comes to an end in the middle of March. All games are played on Sunday afternoon, with practice twice a week.

For further information, contact Ron Pellegrino at 973-538-3435.



SCOUTING

Assumption Parish is proud to host Boy Scout Troop and Cub Scout Pack #34, who meet in our parish center and provide opportunities for service to the young boys and men of our community. The scouts host several fundraisers (i.e. Christmas wreaths and Mother's Day plant sales) each year and are always available and willing to contribute to any need that arises within the parish and lend a helping hand to many of our service projects.

For more information contact Mike Kelly (boy scouts) at 973-292-9604
or Jim Guider (cub scouts) at 973-292-3658

Assumption parish also holds an Annual Boy Scout Sunday in February and a Girl Scout Sunday in March in which scouts of the parish are awarded special badges and recognition for learning more about their faith.

Good Samaritan Ministry

The Good Samaritan's mission is to identify and reach out to the sick and homebound of our parish in order to ensure that they are able to remain an integral part of our worshipping community. We seek to embrace the sick and homebound of the parish and provide them with simple everyday acts of love so that:

- ✝ The healing process of all can be strengthened by the love, care, and prayers of the Assumption Parish community.
- ✝ The family members and care-givers of those with chronic or sudden illness are supported while helping with their loved-one's recovery and the challenges of daily living.
- ✝ The elderly and those with chronic illness can live independently, knowing that they are surrounded by the love and care of others.

Volunteers are the life-blood of our Good Samaritan Ministry. If you would like to help by bringing Communion to the homebound, writing notes of encouragement, making phone calls and visits, or providing occasional rides or meals for those in need, please call 973-539-2141, ext. 17. or email Samaritan@assumptionparish.org.

Assumption Parish

Led by the Holy Spirit



*We believe that Jesus Christ
breathes His Spirit on us
so that we can strive to become
a more perfect expression
of the Good News
in all aspects of everyday life.*